



St Francis School

Post 16 Options

Process

Wednesday 19th June 2019

9.30am –12.00pm

Student Name: _____

Post 16 Curriculum

Introduction

Dear Parents/Carers,

At St Francis School, our curriculum in Post 16 allows students to follow a Curriculum Pathway that best meets their individual needs. Students will either follow a Informal, Semi-Formal or Formal Curriculum pathway, each of which is made up of certain subjects that your son/daughter will be required to study that supports their individual progression towards adulthood. These include:

- Functional Skills in Literacy and Numeracy; (Core Curriculum)
- Personal, Social, Health and Economic Education;
- Independent Living and
- Leisure Activities;

Students will again like previous years engage in a different type of day in Post 16 on Tuesdays, where they will follow five 1 hour lessons rather than just one lesson in the morning and one in the afternoon. This type of approach will add better variety to your son/daughters education and support their ability to adapt to change and further develop their independence skills.

Tuesdays will include the following subjects which the students will follow on a rotational basis:

- Careers
- Music
- Functional Skills
- ICT; and
- Sport

The rest of the student's working week will consist of a variety of Vocational subjects predominately practical and where appropriate Work Experience. It is vital that your son/daughter chooses the subject that interests him/her, which they think they will enjoy and also the subjects that give them an insight into a possible future destination they wish to follow.

Students in year 14 will continue to attend a transitional college placement one afternoon a week after some initial planning into their future destinations. This transition will start in January 2020.

We cannot guarantee that your son/daughter will be able to study all of their first choice subjects. The vast majority of students have received their first choice in the past but this varies from year to year.

We look forward to working together on what can be a difficult, sometimes daunting, but ultimately very interesting and rewarding process. Please utilise the options morning to enable you to find out about the subjects available.

Mr N Wray

Post 16 Curriculum Pathway

Overview

An Informal Curriculum Learner:-

The students in Post 16 accessing this curriculum pathway will at the end of Key Stage 5, be moving onto adulthood and accessing activities in their local community, to further develop their individual skill set as they strive for independence. Following the Informal curriculum pathway using a holistic approach, students will be supported to develop positive interactive relationships with others, proactively explore the world around them and gain valuable social skills as they prepare for adulthood. All students will continue to be given maximum opportunities to achieve the highest levels of independence dependent upon their individual needs.

A Semi-Formal Curriculum Learner:-

The students in Post 16 accessing this curriculum pathway will at the end of Key Stage 5 have the opportunity to continue in education at the most suitable Post 19 education provision that is best able to meet their needs as well as accessing activities within their local communities. Students following a Semi-Formal curriculum will have a strong focus on developing their individual personal development. The curriculum adopts a broad and balanced cross curricular approach including Functional Skills and Vocational learning. The curriculum content covered supports students to make connections between key areas of their individual development. The Post 16 Semi-Formal curriculum pathway adopts aspects of the Informal Curriculum and Formal Curriculum.

A Formal Curriculum Learner:-

The students in Post 16 accessing this curriculum pathway will at the end of Key Stage 5 progress onto further education or a form of employment or training. This curriculum has a real emphasis on life skills, personal development and their individual preparation for adulthood. The Formal curriculum is designed to maximise educational progress in Functional Literacy and Numeracy and Personal, Social, Health and Economic education. The Formal curriculum focuses more attention on accredited subjects using a variety of different awarding bodies whilst at the same time encompassing all aspects of the Post 16 Semi-Formal and Informal curriculums to meet student's individual needs as they progress towards their final destinations.

Functional Skills Literacy & Numeracy

Mrs L Penney

Subject Overview/Content:

The Functional Skills qualifications will help students to develop practical skills that will support them in education, work and everyday life by developing confidence, independence and fluency in their literacy and numeracy skills. The examination qualifications range from Entry Level through to Level 2.

On the Literacy Course skills will be developed in the following 3 areas:

- Speaking, listening and communication
- Reading
- Writing

Taking part in this course will enable students to have a positive attitude towards literacy. There will be an emphasis on the underpinning knowledge and skills that learners need; this includes a focus on spelling, punctuation and grammar. At entry levels, there will be detailed reading and spelling expectations based on the structured teaching of phonics. Students will be able to then demonstrate their competence in the 3 strands above by using them in real-life situations.

In the Numeracy course the content draws upon the underpinning knowledge and skills needed to solve mathematical problems, both with and without a calculator. There will also be a focus on money skills, telling the time, units of measure all set in real –life contexts to help students become more independent in everyday situations.

Personal, Social, Health & Economic Education

Mrs S Eyre

Subject Overview/Content:

Personal, Social, Health and Economic (PSHE) education is a subject which develops the knowledge, skills and attributes all students need in order to keep healthy, safe and to prepare for life in modern Britain. It provides a framework for key skills, attributes and knowledge to be developed and applied to some of the most pressing issues facing young people today, from mental health to understanding the importance of staying safe online, healthy and safe relationships, making sense of media messages, challenging extreme views and understanding that society is diverse. We also consider aspects of the laws to which we must abide by and how we can be protected. We endeavor to give our students insight into real life topics and issues to equip them with the information they need to navigate life as a young person today on their journey towards adulthood.

This programme of study is made up of units which are tailored to the needs and abilities of each group and consist of the following three core themes;

- Health and Wellbeing
- Relationships
- Living in the Wider World

(Relationship and Sex education (RSE) is also a core aspect of the PSHE Programme in Post 16 and will feature in both the Health and Wellbeing and Relationships Units.)

Independent Living

All Upper School Staff

Subject Overview/Content:

This subject is aimed at all students and will allow them to develop their knowledge and skills in areas such as;

- Being healthy;
- Dealing with problems;
- Travelling Independently;
- Keeping safe; and
- Looking after yourself and your own home.

Students will also have the opportunity to experience real life situations that the majority of individuals experience every day. Students will engage in aspects of the wider community at a variety of different locations including the provision we have available to us at Burton Cliff and also within the local and wider community, where independent living skills can be taught in a realistic environment, these skills to be developed and supported could include getting out and about and going places, getting on with other people, rights and responsibilities and encountering different daily experiences. Students will be put into the most appropriate Independent Living group that meets their needs but at the same time supports their individual progression as they prepare for and move onto adulthood.

Leisure Activities

All Upper School Staff

Subject Overview/Content:

Friday afternoon is when students have the opportunity to further develop their independence skills through social activities and will engage in activities that they may or may not have taken part in previously.

These activities include:

- Arts and Craft;
- Cycling;
- Social Group;
- Bowling; and
- Community based activities.

For the students to take part in these Leisure activities financial support from parents will be required but no students will be excluded from taking part. **Unfortunately if insufficient voluntary contributions are not forthcoming we may need to cancel the proposed Leisure activities available to the students. We very much value your support and consideration in this respect.**

Music

Mr D Oates

Subject Overview/Content:

For an hour on Tuesdays as part of their rotational lessons, students will work with Mr Oates to experience all aspects of music from playing and exploring a variety of musical instruments; creating music using digital technology to singing individually or a part of a group. Music will allow all students in Post 16 no matter their individual ability to express themselves, develop confidence and self-esteem and allow them to make links very well into Drama lessons to support the fantastic productions at school even further.

Vocational Units of Work

All Upper School Staff

Subject Overview/Content:

The subjects are broken up into bite size units of work. Each unit is taught by a specialist tutor and is designed to meet the overall needs of the entire group no matter their ability or disability.

The subjects will be delivered through assignments where appropriate from the various tutors with practical skills at the heart of each subject. Good attendance, motivation to learn and effort are essential if this is to happen.

Child Care:

Child Care will allow our students the opportunity to experience and understand all aspects of looking after young children. Lots of practical experiences and guest visitors will allow our students to visualise all that goes along with the care of small children.

Cooking:

Students will be taught basic cooking skills including how to prepare and cook a variety of dishes from traditional home made dishes to party food. They will also be taught good hygiene skills, cleanliness, and the importance of health and safety whilst working in a kitchen environment. Their individual skillset will develop over time and allow them to use the skills learnt at school and also in their home environment.

Drama:

The St Francis Drama subject is designed for students who want to explore different elements of Performing Arts. Students will achieve a greater sense of independence and self-confidence by building on a variety of skills and Drama techniques. They will be involved in practical performing methods and increase their understanding of the three elements, Music, Dance and Drama. They also work towards developing communications skills to better enhance their life skills. The students involved will explore all aspects of performing arts, including stage management, lighting/sound design, costume and set design.

Duke of Edinburgh Award (Bronze Award only):

Students who decide to take part in the Duke of Edinburgh Award programme will develop the skills and attitudes they need to become more rounded and confident adults. These are qualities that colleges, further education providers and employers look for. When students select the Duke of Edinburgh as an option they are investing in valuable skills; setting the tone for a lifetime of achievement.

You will see all kinds of new talents bloom in your son/daughter as they achieve as they work through their award including:

- Self-belief
- A sense of identity
- A sense of responsibility

When your son/daughter selects to take part in the Duke of Edinburgh Award programme they will start at Bronze as currently this is the only award level that the school is able to offer. Many companies recognise the Duke of Edinburgh Award holder as a valuable asset to their company.

Hair and Beauty:

This subject aims to give our students the opportunity to experience a wide variety of salon treatments across at Enterprise House in the school's salon. Students will experience such things as shampooing, conditioning, blow drying and how to style hair. Students will also experience basic manicure and pedicure treatments. They will also have an understanding of the vital health and safety requirements for working in a salon environment.

Horticulture:

Using our own school gardens and the Polytunnel, students will have the opportunity to explore plants and vegetables. Students will develop skills in sowing and growing, using tools and harvesting. We have many raised beds and adapted tools for those students that require them. Students use many practical methods to discover how food is grown as well and how a garden is designed and maintained.

Learning Outside the Classroom:

This subject will be able to provide your son/daughter with the skills that they will require to make the best from the world outdoors. They will learn how to use natural materials, turning these into things that we can use to cook with, provide shelter and allow us to overcome everyday problems. Students will learn how to navigate correctly using a variety of technologies both in the city and rural settings. The yearlong subject will be broken down into 6 modules with the students skill set being developed throughout the year, with the ultimate aim for each student taking part, to be involved in a 1 night overnight stay to put all of their skills to the test.

The 6 modules include; Setting the scene for the year and establishing basic requirements, Using Natural Materials, Navigation, Cooking, Shelter and Putting all into practice.

Small Animal Care:

Students will have hands on experience with different animals in the small animal care provision at St Francis. They are also taught how to clean out, handle and care for small animals.

Good links have been developed with local people with unusual pets and farmers which provide the students with greater opportunities to access a variety of different animals. We also have good links with local vets for the students to have good understanding for the welfare of all animals.

Workshop:

The Workshop subject is designed to enable students to gain practical experience and knowledge to become more competent in areas that are directly related to work based subjects. In the workshop we encourage students to use both hand and power tools, with the aim for all students to use all tools independently knowing how to keep safe whilst using them.

The activities in the Workshop range from doing small jobs around the grounds of the school to making picnic benches for school and the wider community. The list is endless.

Careers

Mrs S Eyre

Subject Overview/Content:

Careers provides students with the opportunities to develop a greater understanding of themselves, explore their ideas and access experiences which will assist their future career planning and decision making

Our Careers Programme consists of **four core** areas:

Self-Awareness enables students to look at the question 'Who am I' and what is unique about me in order to begin to explore employment, voluntary or experiential possibilities which will give them access to the world of work. Students will look at areas to develop within their own skills and set targets to show personal progress.

Exploration allows every student to have multiple opportunities to learn from employers about work, employment and the skills that are valued in the work place. Students will research what skills and aptitudes are necessary within a range of different employment sectors.

Students will be able to find out about colleges which they can apply to for Post 19 education and have the opportunity to visit some. They will be encouraged to look at provisions which best suit their needs and interests.

Experience provides students with first hand experiences of the workplace through work place visits , work shadowing and/or work experience this helps them with the exploration of careers, college and work.

Planning and Mapping encourages students to take an ownership over 'what happens next' and is incorporated into all three areas.

Students will look at the following in order to map and/or plan what is ahead;

- Goal and Target setting
- Looking for work
- CV writing skills
- Application Forms- Jobs and College
- Interview Skills
- Voluntary Work/ Work Experience

ICT

All Upper School Staff

Subject Overview/Content:

This subject is to support and build upon student's prior knowledge and understanding of ICT. How to communicate safely is crucial to our era of technology and it is paramount to the safety of our students.

Students will enjoy using technology in a productive manner and having a large say into the content of their subject. The subject will be flexible to accommodate all abilities.

Some of the topics learnt will include:

- Learn the correct use of Microsoft Office and email;
- Understanding the pros and cons of social media;
- Understanding the importance of safety on the Internet.

Sport

Mr G Birkett

Subject Overview/Content:

The subject is designed to enable students to gain practical experience and knowledge to enable them to become more competent in areas that are directly related to Sport as well as keeping as fit and healthy as possible.

Learning is designed to be experimental so that concepts are developed and applied in a practical way. Students will extend their skills in a range of team and individual sporting activities.

The activities could range from:

- Football with qualified coaches from the Football Association;
- Wheelchair basketball;
- Rounder's;
- Boccia;
- Cricket;
- Table Cricket;
- Trampolining/ Rebound; and
- Disc Golf.

College Transition

All Upper School Staff (Year 14 students only)

Subject Overview/Content:

As part of their final year all Year 14 students will attend a transitional afternoon in a college setting where they will engage with college students and understand what college life is all about.

Students will have their lunch using the facilities at the college setting and then engage in a variety of activities that will be hosted by the college, these include:

- Art
- Child Care
- Construction
- Cooking
- Horticulture
- Motor Vehicle
- Performing Arts
- Retail
- Sport

**Please complete the
Option Choices Sheet,
detach and return to
Mr Wray by Friday 28th
June 2019.**

Option Choices Sheet

Student name: _____

From the choices below please list **5 options** in order of Preference, 1 being your first choice and 5 being your final choice that you would prefer as your option choices.

Please remember you are required to follow the subjects listed below:

Functional Skills in Literacy and Numeracy, Independent Living, Leisure Activities, Careers, Music, ICT, and Sport

Subjects	Preference Order from 1-5
Child Care	
Cooking	
Drama	
Duke of Edinburgh Award (Bronze Award Only)	
Hair and Beauty	
Horticulture	
Learning Outside the Classroom	
Small Animal Care	
Workshop	

Remember you are only indicating what your preferred set of option choices are. We cannot guarantee any option choices until they are finalised towards the end of the summer term.

Please return this completed form to Mr Wray by **Friday 28th June 2019**.

